Beauty Rises Again

Free Download



Beauty Rises Again
Memory Verse Cards

Description: These memory verse cards align with my devotional book Beauty Rises Again: From Brokenness to New Beginnings and are in order by chapter. The smaller cards can be used for on the go and the larger ones can be placed in an 8x10 photo frame.

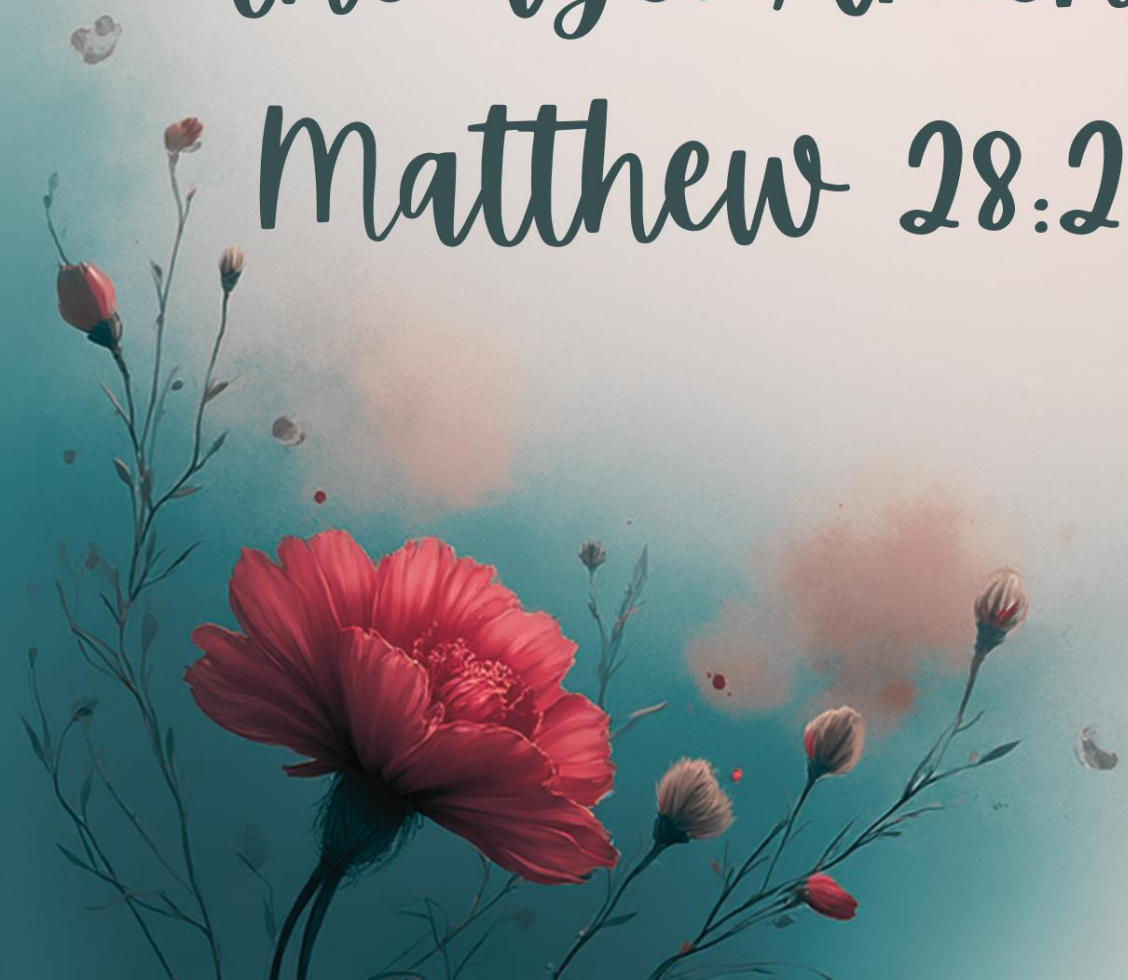
Printing 8x10 Cards: Print in color on 8x10 white cardstock. You can laminate or put into a frame. These would make for great gifts.

Printing 3.75x5 Cards: Print in color on 8x10 white cardstock. Cut out each card with a paper cutter. Laminate individually. Cut out around laminate. Hole punch on the bottom of each card to prevent from punching through the words and place on a ring or place individual cards into a gift box.

Credit: Canva



I am with you always, even to the end of the age. Amen.
Matthew 28:20



Whitney Sparks

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Beauty Rises Again
5-Day Bible Study

Scripture: There are pages with the main scriptures listed for each chapter. You can print these out and highlight, underline, or take notes if you do not feel comfortable writing in your Bible. Print these on 8x10 copy paper.
5-Day Studies: The 5-day studies are organized by chapters like in the devotional book. You do not need to purchase the devotional book to complete these studies.
Components: Each page list verses for you to read along with a key verse. Following each verse is a short reflection. There are two questions followed by a daily challenge. Located in the bottom right-hand corner is a place for you to check when you have completed the daily challenge. Pray and allow the Holy Spirit to help you complete each task.
Print: These studies can be printed on 8x10 copy paper, hole punched and placed in a binder. They can also be put into a folder or stapled in the top left-hand corner. You can print all 13 weeks or one set at a time.

John 16:16-24

“A little while, and you will not see Me; and again, a little while, and you will see Me, because I go to the Father.” 17 Then *some* of His disciples said among themselves, “What is this that He says to us, ‘A little while, and you will not see Me; and again, a little while, and you will see Me’; and, ‘because I go to the Father’?” 18 They said therefore, “What is this that He says, ‘A little while’? We do not know what He is saying.” 19 Now Jesus knew that they desired to ask Him, and He said to them, “Are you inquiring among yourselves about what I said, ‘A little while, and you will not see Me; and again, a little while, and you will see Me’? 20 Most assuredly, I say to you that you will weep and lament, but the world will rejoice; and you will be sorrowful, but your sorrow will be turned into joy. 21 A woman, when she is in labor, has sorrow because her hour has come; but as soon as she has given birth to the child, she no longer remembers the anguish, for joy that a human being has been born into the world. 22 Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you. 23 “And in that day, you will ask Me nothing. Most assuredly, I say to you, whatever you ask the Father in My name He will give you. 24 Until now you have asked nothing

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John 16:25-33

in My name. Ask, and you will receive, that your joy may be full. 25 “These
things I have spoken to you in figurative language; but the time is coming
when I will no longer speak to you in figurative language, but I will tell you
plainly about the Father. 26 In that day you will ask in My name, and I do
not say to you that I shall pray the Father for you; 27 for the Father Himself
loves you, because you have loved Me, and have believed that I came
forth from God. 28 I came forth from the Father and have come into the
world. Again, I leave the world and go to the Father.” 29 His disciples said
to Him, “See, now You are speaking plainly, and using no figure of
speech! 30 Now we are sure that You know all things and have no need
that anyone should question You. By this we believe that You came forth
from God.” 31 Jesus answered them, “Do you now believe? 32 Indeed the
hour is coming, yes, has now come, that you will be scattered, each to his
[e]own, and will leave Me alone. And yet I am not alone, because the
Father is with Me. 33 These things I have spoken to you, that in Me you
may have peace. In the world you [f]will have tribulation; but be of good
cheer, I have overcome the world.”

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5-Day Study

Trusting God When We Cannot See

Day 1

Read: John 16:16-19
Key Verse: “A little while, and you will not see Me; and again, a little while, and you will see Me, because I go to the Father.”
Reflection: Jesus says something the disciples simply did not understand, and they were brave enough to admit it.
Questions:

1. What phrase or verse in today’s reading stood out to you, even if you’re not sure why yet?

_____

_____

2. Have you ever felt confused by something God was doing, or not doing? What helped you keep going?

_____

_____

Challenge: Write an honest question you have for God right now. Don’t try and fix it. Just offer it to Him in prayer.

Complete: _____

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5-Day Study
The Promise of Unshakable Hope

Day 2

Read: John 16:20-22

Key Verse: “Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you.”

Reflection: Jesus does not deny or disregard the pain of His disciples, but He does promise transformation.

Questions:

1. Jesus says sorrow will turn into joy. Why do you think He chooses not to remove the sorrow?

_____

_____

2. What does “lasting joy” mean to you at this stage of your life?

_____

_____

Challenge: Choose one difficult situation and ask God, “What might You be forming in me through this?” Write one word or sentence that comes to mind.

Complete: _____

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5-Day Study

Finding Fullness of Joy Through Prayer

Day 3

Read: John 16:23-27
Key Verse: “Until now, you have asked nothing in My name. Ask, and you will receive, that your joy may be full.”
Reflection: Jesus challenges His disciples to go boldly before the throne of prayer and ask for spiritual gifts from Him.
Questions:

1. In your own words, what does it mean to say “in Jesus’ name” at the end of our prayers?

_____

_____

2. If fear or doubt were not holding you back, what would you boldly ask God for right now?

_____

_____

Challenge: Pray one bold, specific prayer today. Think of something you may have been hesitant to say out loud. Trust God with the outcome.

Complete: _____

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5-Day Study

Never Alone in God's Presence

Day 4

Read: John 16:28-32

Key Verse: "Indeed the hour is coming, yes, has now come, that you will be scattered, each to his own, and will leave Me alone. And yet I am not alone, because the Father is with Me."

Reflection: Jesus lovingly acknowledges the confidence of His disciples along with their weakness.

Questions:

1. Jesus says the disciples will scatter, yet He still loves them deeply. What does that tell you about His grace?

_____

_____

2. Have you ever felt strong in faith one moment and shaky the next?

_____

_____

Challenge: Reach out to one trusted person today (text, call, or message) and let them know how you are really doing. No polishing required.

Complete: _____

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5-Day Study

Living in the Victory of Christ

Day 5

Read: John 16:33

Key Verse: “These things I have spoken to you, that in Me, you may have peace. In the world, you will have tribulation; but be of good cheer, I have overcome the world.”

Reflection: Knowing Jesus can bring peace to a troubled world should be enough to carry you through a hard week.

Questions:

1. What kind of trouble feels most real in your life right now?

_____

_____

2. How does Jesus’ promise of peace speak into that situation?

_____

_____

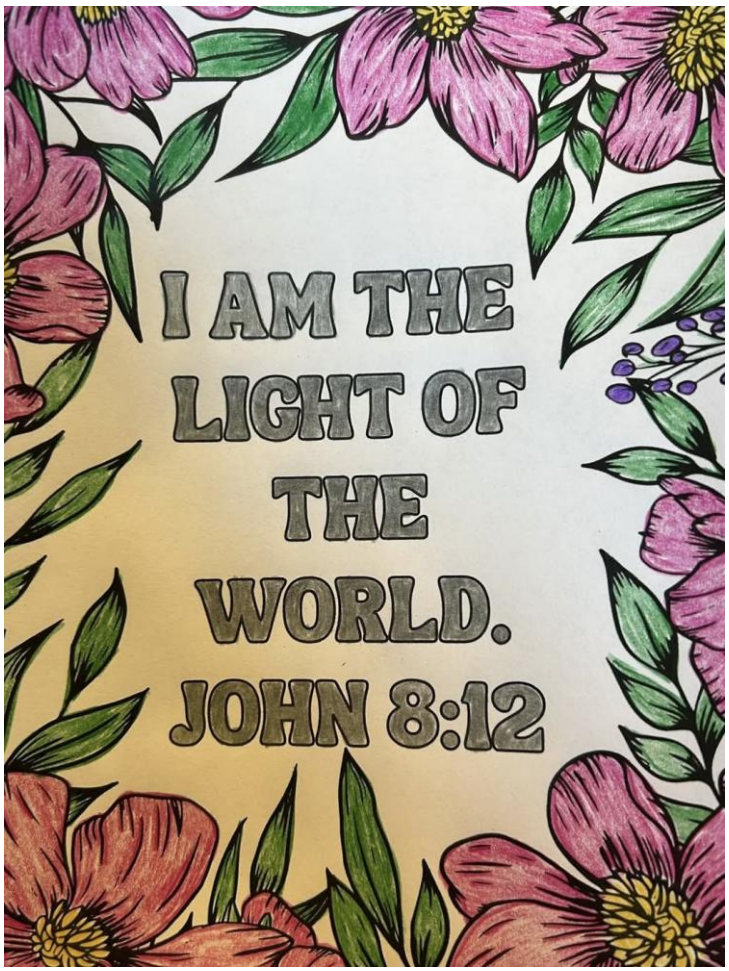
Challenge: Meditate on John 16:33. Write it down, screenshot it, or say it out loud. Ask Jesus to show you how He has overcome the world.

Complete: _____

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Beauty Rises Again
Coloring Pages

Coloring Pages: Print each coloring page on 8x10 copy paper. Enjoy coloring each page with map pencils (as picture below), markers, or crayons.
Memorize: While coloring, practice memorizing the verse. Each verse was taken from a chapter in my devotional book, and they are in order from Chapter 1 to 13.
Display: Tape your coloring pages somewhere in the house so you can refer to them often. This will not only help you with memorization, but it will also bring you encouragement throughout the day when you read the verse aloud.



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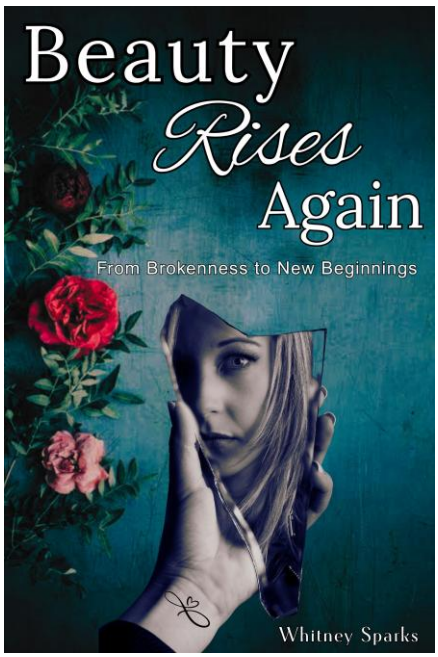
Beauty Rises Again
Ladies Devotional Book

Find hope and strength when Jesus breaks your chains of bondage and watch beauty rise again.

Do you ever feel ashamed and wonder how God could love someone like you?

Author and speaker, Whitney Sparks, uses biblical knowledge along with personal and relevant stories to remind women their past mistakes do not define them, Jesus does. Through His encouraging Word, Whitney shows you how Jesus desires to heal your brokenness and introduce you to a new beginning. She would say, “In this life sister, you get a redo, just like in kickball.”

Beauty Rises Again, From Brokenness to New Beginnings, will inspire you to rise up out of bed on the days when you are drowning in waves of depression, anxiety, and grief. Jesus has clothed you with His strength and honor to help you discover joy



Available on Amazon!

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