

**Chapter 4 Resources**  
From Chaos to New Creation

**Beauty**  
*Rises*  
**Again**

From Brokenness to New Beginnings



Whitney Sparks

# G.R.O.W.

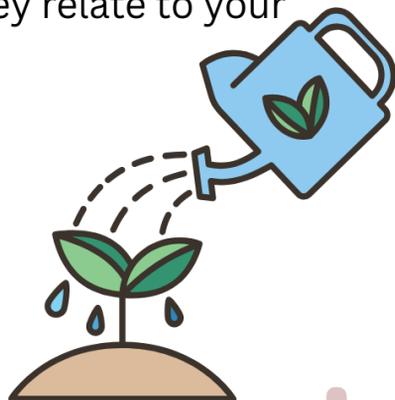
## Bible Reading Strategy

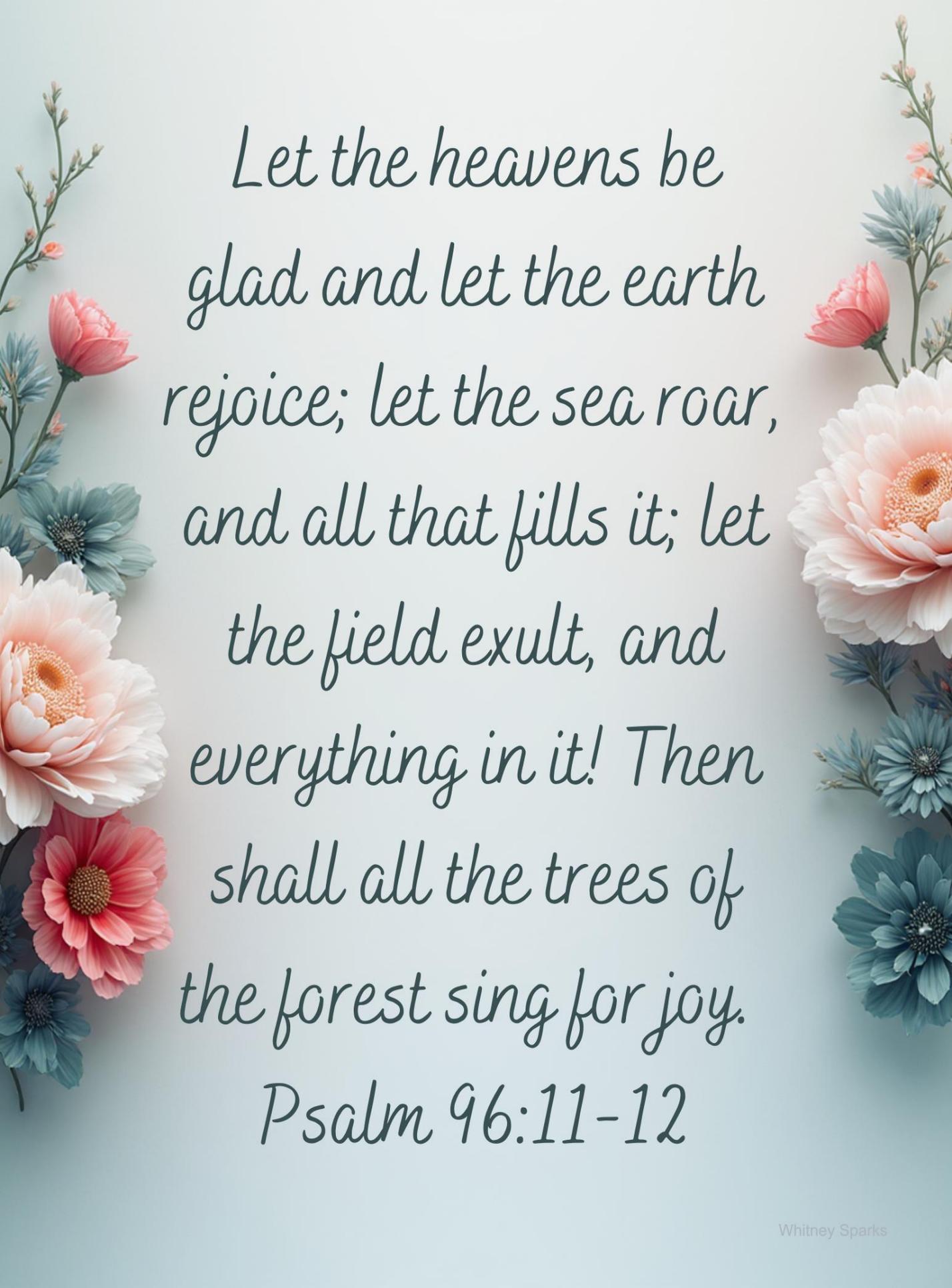
**G** Glance over the passage. Identify subheadings, unknown words, and repeated words. What do you think this passage will be about?

**R** Read the passage three times. What new information did you uncover each time you read?

**O** Observe what you read. Pray that God show you what He wants you to learn through this passage. Observe glimpses of Jesus.

**W** Write out your thoughts, repeated phrases or words, and how they relate to your situation.



A decorative floral border surrounds the text, featuring various flowers in shades of pink, white, and blue. The flowers are arranged in a way that frames the central text, with some flowers appearing to be in bloom and others as buds. The background is a light, neutral color, making the text and flowers stand out.

Let the heavens be  
glad and let the earth  
rejoice; let the sea roar,  
and all that fills it; let  
the field exult, and  
everything in it! Then  
shall all the trees of  
the forest sing for joy.

Psalm 96:11-12

## John 8:1-12

But Jesus went to the Mount of Olives. <sup>2</sup> Now early in the morning He came again into the temple, and all the people came to Him; and He sat down and taught them.

<sup>3</sup> Then the scribes and Pharisees brought to Him a woman caught in adultery. And when they had set her in the midst, <sup>4</sup> they said to Him, “Teacher, this woman was caught in adultery, in the very act. <sup>5</sup> Now Moses, in the law, commanded us that such should be stoned. But what do You say?” <sup>6</sup> This they said, testing Him, that they might have something of which to accuse Him. But Jesus stooped down and wrote on the ground with His finger, as though He did not hear. <sup>7</sup> So when they continued asking Him, He raised Himself up and said to them,

## John 8:7-12

“He who is without sin among you, let him throw a stone at her first.” <sup>8</sup> And again He stooped down and wrote on the ground. <sup>9</sup> Then those who heard it, being convicted by their conscience, went out one by one, beginning with the oldest even to the last. And Jesus was left alone, and the woman standing in the midst. <sup>10</sup> When Jesus had raised Himself up and saw no one but the woman, He said to her, “Woman, where are those accusers of yours? Has no one condemned you?” <sup>11</sup> She said, “No one, Lord.” And Jesus said to her, “Neither do I condemn you; go and sin no more.” <sup>12</sup> Then Jesus spoke to them again, saying, “I am the light of the world. He who follows Me shall not walk in darkness but have the light of life.”

# 5-Day Study

## From Chaos to New Creation

### Day 1

**Read:** John 8:1-3

**Key Verse:** “The made her stand before the group.”

**Reflection:** In John chapter 8, the unnamed woman is dragged publicly into shame. She was exposed, humiliated, and surrounded by accusers. Many of us know what it feels like to “stand in the middle” whether because of sin, failure, gossip, or regret.

**Questions:**

1. Have you ever felt exposed or judged by others? What emotions do you imagine this woman felt?
- 
- 

2. How does it comfort you to know Jesus was present in her humiliation?
- 
- 

**Challenge:** Bring one area of hidden shame to the Lord in prayer today. Write it down and surrender it to Him.

**Complete:** \_\_\_\_\_

# 5-Day Study

## From Chaos to New Creation

### Day 2

**Read:** John 8:4-6

**Key Verse:** “But Jesus bent down and started to write on the ground with His finger.”

**Reflection:** Before He spoke, Jesus kneeled. While the accusers shouted, He wrote in the dust. We have no idea what He wrote, but His silence spoke volumes. He was not rushed, pressured, or intimidated. Yet He was never absent.

### **Questions:**

1. When has God’s silence been protection or preparation in your personal life?

---

2. What do you think Jesus was thinking as He kneeled down and wrote in the sand?

---

**Challenge:** Practice a holy pause today. Before responding to a tense situation, take a breath and pray first.

**Complete:** \_\_\_\_\_

# 5-Day Study

## From Chaos to New Creation

### Day 3

**Read:** John 8:7-10

**Key Verse:** "Let any one of you who is without sin be the first to throw a stone at her."

**Reflection:** Jesus shifted His focus from her sin to the hearts of the people. One by one, the accusers left. Conviction replaced condemnation. The oldest left first, perhaps because they understood their own need for grace.

#### **Questions:**

1. As women, we can be harsh critics of ourselves and others. Why?

---

2. List the ways in which Jesus helped the adulteress woman. Has He helped you in the same way? Explain.

---

**Challenge:** Release one judgment today toward yourself or someone else. Pray for God's blessings instead.

**Complete:** \_\_\_\_\_

# 5-Day Study

## From Chaos to New Creation

### Day 4

**Read:** John 8:11

**Key Verse:** “No one, sir,” she said. “Then, neither do I condemn you,” Jesus declared. “Go now and leave your life of sin.”

**Reflection:** Imagine hearing the words, “I condemn you not.” Jesus does not excuse her sin, but He does remove the condemnation. There is a difference. Condemnation says, “You are your mistake.” Conviction says, “You are loved too much to stay there.”

### **Questions:**

1. Do you still live under guilt for something God has forgiven?

---

2. How would your daily life change if you truly believed you are not condemned?

---

**Challenge:** Read and declare Romans 8:1 aloud today: “There is now no condemnation for those who are in Christ Jesus.”

**Complete:** \_\_\_\_\_

# 5-Day Study

## From Chaos to New Creation

### Day 5

**Read:** John 8:12

**Key Verse:** “When Jesus spoke again to the people, He said, ‘I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.’”

**Reflection:** Immediately after extending mercy, Jesus made a powerful declaration by saying, “I am the Light of the world.” Grace it not permission to return to darkness. It is an invitation to walk in the light.

### **Questions:**

1. What area of your life needs light?

---

---

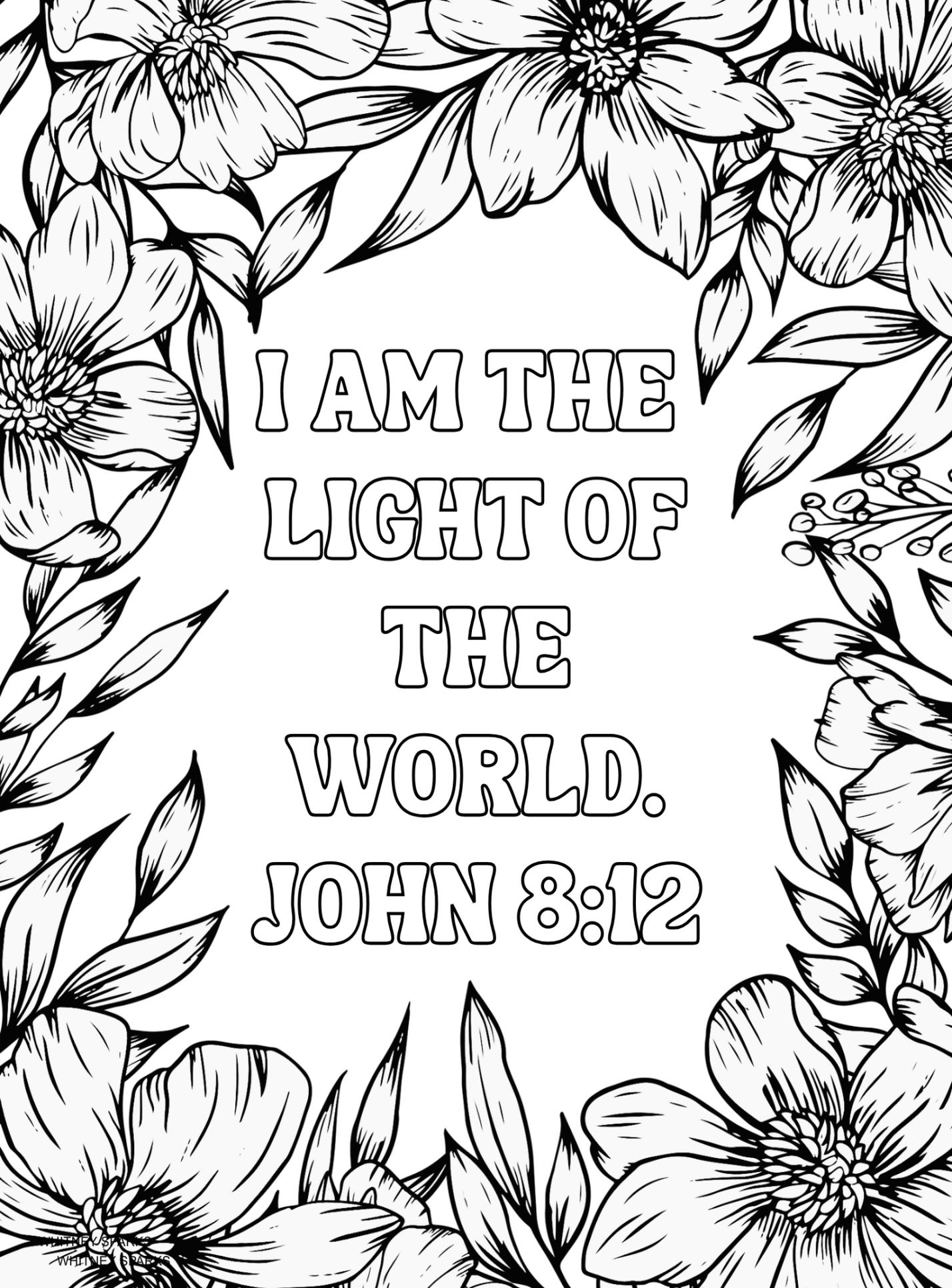
2. How can you reflect God’s light to other women?

---

---

**Challenge:** Choose one intentional step this week to walk in the light – accountability, prayer time, forgiveness, or a lifestyle change.

**Complete:** \_\_\_\_\_



I AM THE  
LIGHT OF  
THE  
WORLD.  
JOHN 8:12

# Beauty Rises Again

## Ladies Devotional Book

Every minute of the day, you attempt to survive in a world consumed with loss, heartache, natural disasters, war, abuse, trafficking, hopelessness, and fear. Depression and anxiety make it difficult for you to find the strength to climb out of bed each morning. You want to press on and move forward, but shame and regret keep you chained to your past.

But then, you meet a man named Jesus. Through Him, you discover joy unimaginable and your life is transformed. You realize your past does not define you; Jesus does. You glance in the mirror and notice a chain is gone. Jesus' unconditional love for you broke it. Another chain falls to the floor because He forgave you.

One by one, His strength slowly breaks the chains of bondage and heals you from the inside out. You begin to grow in your spiritual walk and others see Jesus living in you. Then beauty rises again as you heal from the inside out and your brokenness becomes an opportunity for a new beginning.

- Whit

