

Chapter 5 Resources
The Friend Who Found Me

Beauty
Rises
Again

From Brokenness to New Beginnings



Whitney Sparks

G.R.O.W.

Bible Reading Strategy

G Glance over the passage. Identify subheadings, unknown words, and repeated words. What do you think this passage will be about?

R Read the passage three times. What new information did you uncover each time you read?

O Observe what you read. Pray that God show you what He wants you to learn through this passage. Observe glimpses of Jesus.

W Write out your thoughts, repeated phrases or words, and how they relate to your situation.





*You are My
friends if you do
whatever I
command you.*

John 15:14

Jeremiah 15:15-19

LORD, you understand; remember me and care for me.

Avenge me on my persecutors. You are long-suffering—do

not take me away; think of how I suffer reproach for your

sake. ¹⁶When your words came, I ate them; they were my

joy and my heart's delight, for I bear your name, LORD God

Almighty. ¹⁷I never sat in the company of revelers, never

made merry with them; I sat alone because your hand was

on me and you had filled me with indignation. ¹⁸Why is my

pain unending and my wound grievous and incurable?

You are to me like a deceptive brook, like a spring that fails.

¹⁹Therefore this is what the LORD says: "If you repent, I will

restore you that you may serve me; if you utter worthy, not

worthless, words, you will be my spokesman. Let this

people turn to you, but you must not turn to them.

Jeremiah 15:20-21

“I will make you a wall to this people, a fortified wall of bronze; they will fight against you but will not overcome you, for I am with you to rescue and save you,” declares the LORD. ²¹ “I will save you from the hands of the wicked and deliver you from the grasp of the cruel.”

5-Day Study

Honest Prayer in Suffering

Day 1

Read: Jeremiah 15:15

Key Verse: “O Lord, You know; remember me and visit me.”

Reflection: Jeremiah shares a deeply personal prayer. He felt the weight of rejection and persecution because of his faithfulness to God. Instead of hiding his pain, he called on god to remember him. God welcomes honest prayers. We don't have to pretend everything is fine when God knows our struggles.

Questions:

1. What emotions did you see in Jeremiah's prayer??

2. When have you needed God to “remember” you in a difficult situation?

Challenge: Pray honestly to God about a struggle you are currently facing.

Complete: _____

5-Day Study

The Joy of God's Word

Day 2

Read: Jeremiah 15:16

Key Verse: "Your words were found, and I ate them, and Your word was to me the joy and rejoicing of my heart..."

Reflection: Jeremiah describes consuming God's Word as if it were food. God's truth nourished him and gave him joy, even while his calling was painful. When scripture becomes part of our daily lives, it strengthens us spiritually and shapes how we think and live.

Questions:

1. What do you think it means to "eat" God's Word?

2. What helps you engage deeply with the Bible?

Challenge: Memorize Jeremiah 15:16 and meditate on it throughout the day.

Complete: _____

5-Day Study

The Cost of Faithfulness

Day 3

Read: Jeremiah 15:17

Key Verse: "I sat alone because of Your hand..."

Reflection: Jeremiah's obedience set him apart from others. His commitment to God meant he could not participate in the same things as those around him. Faithfulness sometimes brings loneliness, but it also reflects a life dedicated to God's purposes.

Questions:

1. Why did Jeremiah feel isolated?

2. How can you stay faithful when you feel alone?

Challenge: Reach out to encourage someone who may feel isolated in their faith.

Complete: _____

5-Day Study

Wrestling with Pain and Doubt

Day 4

Read: Jeremiah 15:18

Key Verse: “Why is my pain perpetual and my wound incurable...?”

Reflection: Jeremiah questions God because of his constant suffering. This verse reveals how deeply the prophet struggled. Yet even in his frustration, he continues speaking to God rather than walking away. Genuine faith allows room for difficult questions.

Questions:

1. What does Jeremiah’s complaint reveal about his emotional state?

2. Why is it important to bring doubts to God rather than ignore them?

Challenge: Spend time in prayer today bringing one difficult question or burden to God.

Complete: _____

5-Day Study

God's Call and Purpose

Day 5

Read: Jeremiah 15:19-21

Key Verse: "I am with you to save you and deliver you," says the Lord.

Reflection: God responds to Jeremiah with both correction and encouragement. He calls Jeremiah to return to faithful speech and promises to strengthen and protect him. God does not promise the removal of hardship, but He assures His presence and deliverance.

Questions:

1. What conditions does God give Jeremiah in verse 19?

2. What promises does God make in verses 20-21?

Challenge: Identify one area where you need God's strength and pray for courage to remain faithful.

Complete: _____



AMAZING
GRACE

Beauty Rises Again

Ladies Devotional Book

Every minute of the day, you attempt to survive in a world consumed with loss, heartache, natural disasters, war, abuse, trafficking, hopelessness, and fear. Depression and anxiety make it difficult for you to find the strength to climb out of bed each morning. You want to press on and move forward, but shame and regret keep you chained to your past.

But then, you meet a man named Jesus. Through Him, you discover joy unimaginable and your life is transformed. You realize your past does not define you; Jesus does. You glance in the mirror and notice a chain is gone. Jesus' unconditional love for you broke it. Another chain falls to the floor because He forgave you.

One by one, His strength slowly breaks the chains of bondage and heals you from the inside out. You begin to grow in your spiritual walk and others see Jesus living in you. Then beauty rises again as you heal from the inside out and your brokenness becomes an opportunity for a new beginning.

- Whit

