

# Chapter 1 Resources

I Am with You Always

## Beauty *Rises* Again

From Brokenness to New Beginnings



Whitney Sparks

**G** Glance over the passage. Identify subheadings, unknown words, and repeated words. What do you think this passage will be about?

**R** Read the passage three times. What new information did you uncover each time you read?

**O** Observe what you read. Pray that God show you what He wants you to learn through this passage. Observe glimpses of Jesus.

**W** Write out your thoughts, repeated phrases or words, and how they relate to your situation.



I am with you  
always, even  
to the end of  
the age. Amen.  
Matthew 28:20

# 5-Day Study

## I Am with You Always

### Day 1

**Read:** John 16:16-19

**Key Verse:** “A little while, and you will not see Me; and again, a little while, and you will see Me, because I go to the Father.”

**Reflection:** Jesus says something the disciples simply did not understand, and they were brave enough to admit it.

### **Questions:**

1. What phrase or verse in today's reading stood out to you, even if you're not sure why yet?
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2. Have you ever felt confused by something God was doing, or not doing? What helped you keep going?
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**Challenge:** Write an honest question you have for God right now. Don't try and fix it. Just offer it to Him in prayer.

**Complete:** \_\_\_\_\_

# 5-Day Study

## I Am with You Always

### Day 2

**Read:** John 16:20-22

**Key Verse:** “Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you.”

**Reflection:** Jesus does not deny or disregard the pain of His disciples, but He does promise transformation.

#### **Questions:**

1. Jesus says sorrow will turn into joy. Why do you think He chooses not to remove the sorrow?
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2. What does “lasting joy” mean to you at this stage of your life?
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**Challenge:** Choose one difficult situation and ask God, “What might You be forming in me through this?” Write one word or sentence that comes to mind.

**Complete:** \_\_\_\_\_

## 5-Day Study

### I Am with You Always

#### Day 3

**Read:** John 16:23-27

**Key Verse:** “Until now, you have asked nothing in My name. Ask, and you will receive, that your joy may be full.”

**Reflection:** Jesus challenges His disciples to go boldly before the throne of prayer and ask for spiritual gifts from Him.

#### **Questions:**

1. In your own words, what does it mean to say “in Jesus’ name” at the end of our prayers?
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2. If fear or doubt were not holding you back, what would you boldly ask God for right now?
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**Challenge:** Pray one bold, specific prayer today. Think of something you may have been hesitant to say out loud. Trust God with the outcome.

**Complete:** \_\_\_\_\_

# 5-Day Study

## I Am with You Always

### Day 4

**Read:** John 16:28-32

**Key Verse:** “Indeed the hour is coming, yes, has now come, that you will be scattered, each to his own, and will leave Me alone. And yet I am not alone, because the Father is with Me.”

**Reflection:** Jesus lovingly acknowledges the confidence of His disciples along with their weakness.

#### **Questions:**

1. Jesus says the disciples will scatter, yet He still loves them deeply. What does that tell you about His grace?  

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2. Have you ever felt strong in faith one moment and shaky the next?  

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**Challenge:** Reach out to one trusted person today (text, call, or message) and let them know how you are really doing. No polishing required.

**Complete:** \_\_\_\_\_



# 5-Day Study

## I Am with You Always

### Day 5

**Read:** John 16:33

**Key Verse:** “These things I have spoken to you, that in Me, you may have peace. In the world, you will have tribulation; but be of good cheer, I have overcome the world.”

**Reflection:** Knowing Jesus can bring peace to a troubled world should be enough to carry you through a hard week.

### **Questions:**

1. What kind of trouble feels most real in your life right now?

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2. How does Jesus' promise of peace speak into that situation?

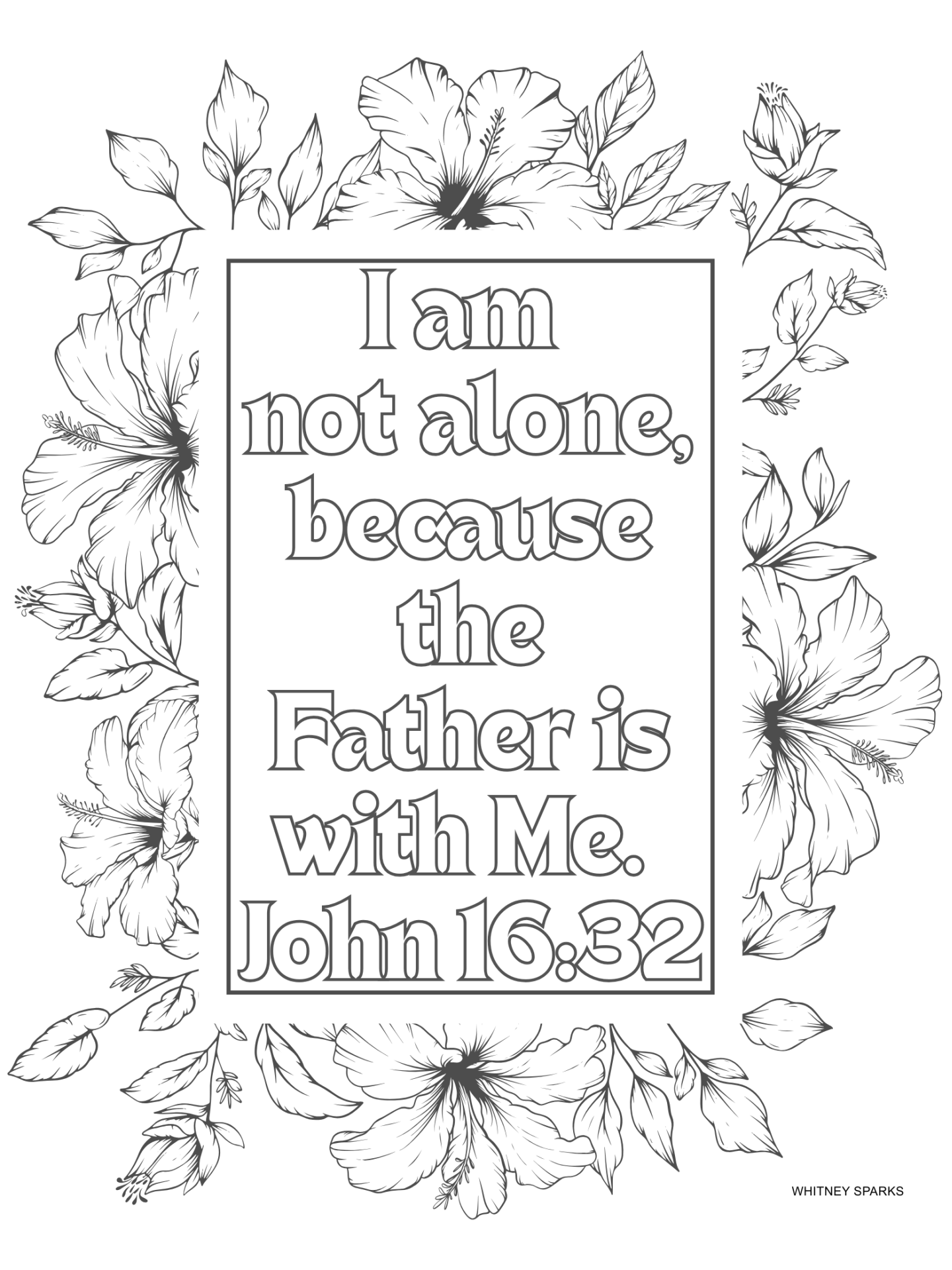
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**Challenge:** Meditate on John 16:33. Write it down, screenshot it, or say it out loud. Ask Jesus to show you how He has overcome the world.

**Complete:** \_\_\_\_\_





I am  
not alone,  
because  
the  
Father is  
with Me.  
John 16:32

# **Beauty Rises Again**

## **Ladies Devotional Book**

Every minute of the day, you attempt to survive in a world consumed with loss, heartache, natural disasters, war, abuse, trafficking, hopelessness, and fear. Depression and anxiety make it difficult for you to find the strength to climb out of bed each morning. You want to press on and move forward, but shame and regret keep you chained to your past.

But then, you meet a man named Jesus. Through Him, you discover joy unimaginable and your life is transformed. You realize your past does not define you; Jesus does. You glance in the mirror and notice a chain is gone. Jesus' unconditional love for you broke it. Another chain falls to the floor because He forgave you.

One by one, His strength slowly breaks the chains of bondage and heals you from the inside out. You begin to grow in your spiritual walk and others see Jesus living in you. Then beauty rises again as you heal from the inside out and your brokenness becomes an opportunity for a new beginning.

- Whit

