

## Chapter 2 Resources

He Heals in the Hidden Places

# Beauty *Rises* Again

From Brokenness to New Beginnings



Whitney Sparks

# G.R.O.W.

## Bible Reading Strategy

**G** Glance over the passage. Identify subheadings, unknown words, and repeated words. What do you think this passage will be about?

**R** Read the passage three times. What new information did you uncover each time you read?

**O** Observe what you read. Pray that God show you what He wants you to learn through this passage. Observe glimpses of Jesus.

**W** Write out your thoughts, repeated phrases or words, and how they relate to your situation.



I will put you in  
the cleft of the  
rock and will  
cover you with  
My hand.

Exodus 33:22



## **Genesis 16:1-7**

Now Sarai, Abram's wife, had borne him no children. And she had an Egyptian maidservant whose name was Hagar. <sup>2</sup> So Sarai said to Abram, "See now, the LORD has restrained me from bearing children. Please, go in to my maid; perhaps I shall obtain children by her." And Abram heeded the voice of Sarai. <sup>3</sup> Then Sarai, Abram's wife, took Hagar her maid, the Egyptian, and gave her to her husband Abram to be his wife, after Abram had dwelt ten years in the land of Canaan. <sup>4</sup> So he went into Hagar, and she conceived. And when she saw that she had conceived, her mistress became despised in her eyes. <sup>5</sup> Then Sarai said to Abram,, "My wrong be upon you! I gave my maid into your embrace; and when she saw that she had conceived, I became despised in her eyes. The LORD judge between you and me." <sup>6</sup> So Abram said to Sarai, "Indeed your maid is in your hand; do to her as you please." And when Sarai dealt harshly with her, she fled from her presence. <sup>7</sup> Now the Angel of the LORD found her by a spring of water in the wilderness, by the spring on the way to Shur.

## **Genesis 16:8-16**

<sup>8</sup> And He said, "Hagar, Sarai's maid, where have you come from, and where are you going?" She said, "I am fleeing from the presence of my mistress Sarai." <sup>9</sup> The Angel of the LORD said to her, "Return to your mistress, and submit yourself under her hand." <sup>10</sup> Then the Angel of the LORD said to her, "I will multiply your descendants exceedingly, so that they shall not be counted for multitude." <sup>11</sup> And the Angel of the LORD said to her: "Behold, you are with child, and you shall bear a son. You shall call his name Ishmael, because the LORD has heard your affliction. <sup>12</sup> He shall be a wild man; his hand shall be against every man, and every man's hand against him. And he shall dwell in the presence of all his brethren." <sup>13</sup> Then she called the name of the LORD who spoke to her, You-Are-the-God-Who-Sees; for she said, "Have I also here seen Him who sees me?" <sup>14</sup> Therefore the well was called Beer Lahai Roi; observe, it is between Kadesh and Bered. <sup>15</sup> So Hagar bore Abram a son; and Abram named his son, whom Hagar bore, Ishmael. <sup>16</sup> Abram was eighty-six years old when Hagar bore Ishmael to Abram.

## 5-Day Study

### He Heals in the Hidden Places

#### Day 1

**Read:** Genesis 16:1-3

**Key Verse:** “So after Abram had been living in Canaan ten years, Sarai his wife took her Egyptian slave Hagar and gave her to her husband to be his wife.”

**Reflection:** Sarai believed God’s promises but struggled with God’s timing. In her impatience, she tried to help God fulfill His plan, and it created pain for everyone involved.

**Questions:**

1. Where in your life are you tempted to “help” God instead of waiting?
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2. What emotions do you feel when God’s promises seem delayed?
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**Challenge:** Identify one area where you are struggling to wait on God. Pray specifically for patience and trust today instead of control.

**Complete:** \_\_\_\_\_

## 5-Day Study

### He Heals in the Hidden Places

#### Day 2

**Read:** Genesis 16:4-6

**Key Verse:** "Then Sarai said to Abram, 'You are responsible for the wrong I am suffering. I put my slave in your arms, and now that she knows she is pregnant, she despises me. May the Lord judge between you and me.'"

**Reflection:** Hagar suffered because of decisions she did not make. She was mistreated, powerless, and unheard, yet God was not absent.

#### **Questions:**

1. Have you ever been hurt by someone else's decision? How did it affect you?

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2. What emotions do you imagine Hagar felt during this time?

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**Challenge:** Bring a hurt caused by someone else to God today. Write it down, then pray honestly. No filtering.

**Complete:** \_\_\_\_\_

## 5-Day Study

### He Heals in the Hidden Places

#### Day 3

**Read:** Genesis 16:7-13

**Key Verse:** “She gave this name to the Lord who spoke to her: ‘You are the God who sees me,’ for she said, ‘I have now seen the One who sees me.’”

**Reflection:** God met Hagar in the wilderness, not after everything was fixed, but right in her brokenness. She called Him El Roi, “The God who sees me.”

#### **Questions:**

1. Why do you think God sought Hagar instead of waiting for her to return?
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2. Where do you need to believe today that God truly sees you?
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**Challenge:** Throughout the day, repeat this truth: “*God sees me.*” Write it somewhere visible as a reminder.

**Complete:** \_\_\_\_\_

## 5-Day Study

### He Heals in the Hidden Places

#### Day 4

**Read:** Genesis 16:9-12

**Key Verse:** “Then the angel of the Lord told her, ‘Go back to your mistress and submit to her.’”

**Reflection:** God asked Hagar to return to a painful situation but with a promise. Obedience did not erase hardship, but it placed her under God’s care.

#### **Questions:**

1. What makes obedience hard when it does not make sense?

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2. How can obedience still be an act of trust, even in pain?

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**Challenge:** Ask God to show you an area where He is calling you to obey. Take one small step in faith today.

**Complete:** \_\_\_\_\_

## 5-Day Study

### He Heals in the Hidden Places

#### Day 5

**Read:** Genesis 16:13-16

**Key Verse:** “So Hagar bore Abram a son, and Abram gave the name Ishmael to the son she had borne.”

**Reflection:** Hagar returned with a renewed understanding of who God is, but her situation did not instantly change; her identity did.

#### **Questions:**

1. How does knowing God sees you help shape your identity?

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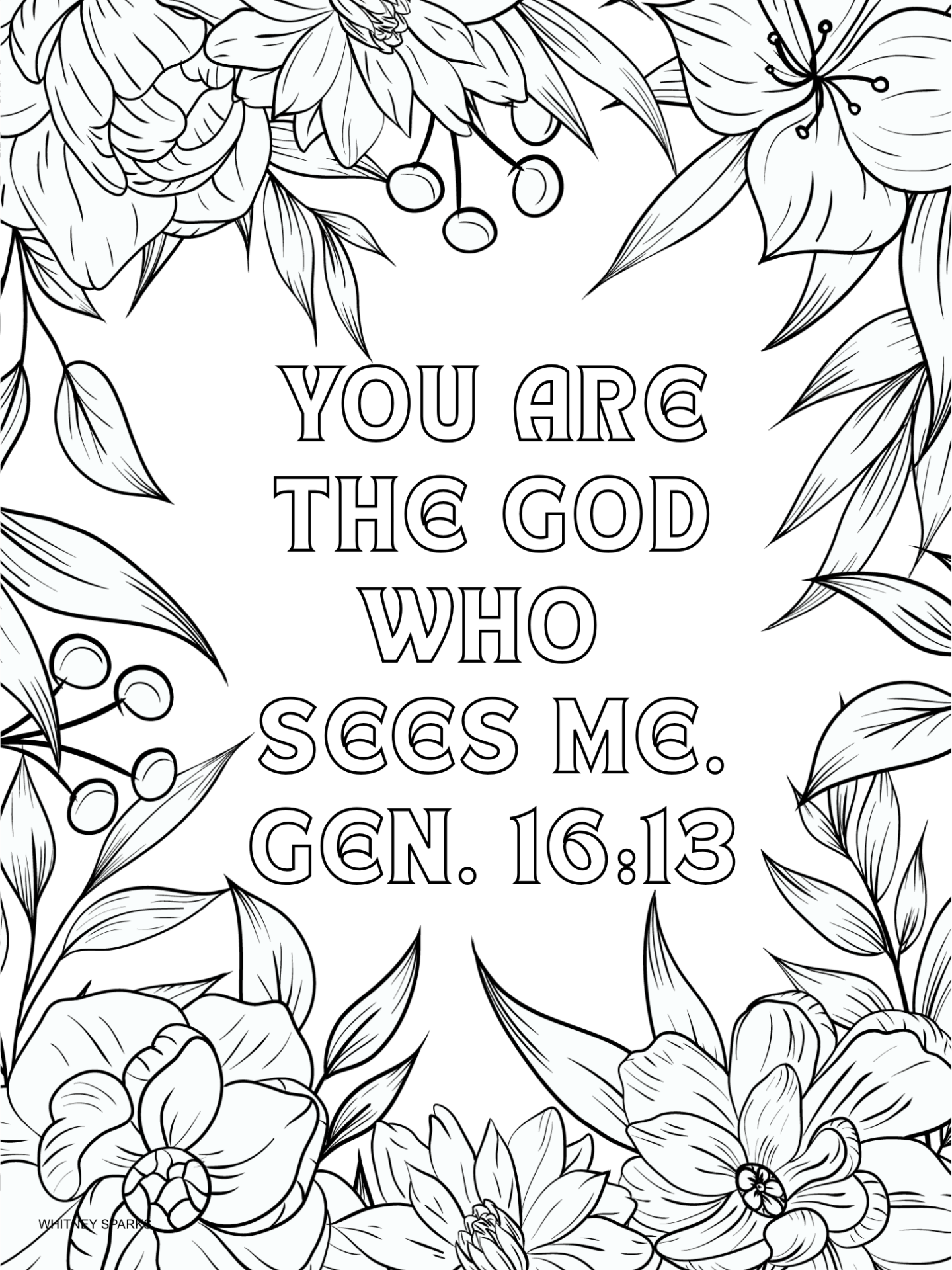
2. What does this story teach you about God’s character?

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**Challenge:** Write a short prayer of gratitude, thanking God for seeing you, knowing you, and walking with you in the future.

**Complete:** \_\_\_\_\_



YOU ARE  
THE GOD  
WHO  
SEES ME.  
GEN. 16:13

# **Beauty Rises Again**

## **Ladies Devotional Book**

Every minute of the day, you attempt to survive in a world consumed with loss, heartache, natural disasters, war, abuse, trafficking, hopelessness, and fear. Depression and anxiety make it difficult for you to find the strength to climb out of bed each morning. You want to press on and move forward, but shame and regret keep you chained to your past.

But then, you meet a man named Jesus. Through Him, you discover joy unimaginable and your life is transformed. You realize your past does not define you; Jesus does. You glance in the mirror and notice a chain is gone. Jesus' unconditional love for you broke it. Another chain falls to the floor because He forgave you.

One by one, His strength slowly breaks the chains of bondage and heals you from the inside out. You begin to grow in your spiritual walk and others see Jesus living in you. Then beauty rises again as you heal from the inside out and your brokenness becomes an opportunity for a new beginning.

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